



“Helen and Chris were excellent to work with. They were helpful, patient, understanding and offered very relaxed and invaluable advice from their own experiences. Their preparation and tips for filming helped remove any trepidation I had, and they gave honest but very constructive feedback. Ultimately I thoroughly enjoyed the experience, and perhaps most importantly I learnt a lot!”

Neil Henry, Network Rail

### **A new Forton Group service which enhances coaching and training**

The Forton Group is working with a team of highly experienced professional documentary makers to create film and internet content for a variety of uses.

It is already proving particularly effective in our Dynamic Speaking Skills and Leadership Coach Training courses and the material is also of a suitable quality for presentation and film use.

As well as giving visual feedback and providing a record for participants, the material is a valuable coaching tool which can be shared with colleagues and coaches working at a distance.

Our directors are used to working with people new to filming and participants are coached to deliver their best performance to camera.

Filming and internet streaming helps participants:

- increase the effectiveness of their message
- achieve an authentic performance
- bring training to life.

### **Accessibility and confidentiality**

To ensure confidentiality, each piece of video material is given a password protected area of the Forton Group website, [www.thefortongroup.com](http://www.thefortongroup.com). For easy accessibility, a choice of viewing methods is provided (e.g. Flash, Quicktime).

### **Contact us for more information:**

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